

NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT

Nemato Change a Life - Highlights

Leadership Magazine



Nemato Change a Life features in Leadership Magazine with six pages written by Rhodes Business School director professor Owen Skae.

holiday activities



During the long winter holiday we organised a wide range of activities to play, learn and stay active. In the picture we are creative with matchsticks and candles.

Nemato Skateboarding Club



We officially established Nemato Skateboarding Club. In this meeting we elected the board members and signed the constitution.

Nemato on the radio



Ndlambe FM, the local radio station, invited us for an interview. This was a great opportunity to expose our athletes to interviews. Who knows, one day we might have an athlete at the Olympics, with many journalists wanting interviews.

SUCCESS IN LIFE - FOR YOUTH, BY YOUTH

Nemato Change a Life offers a holistic set of youth empowerment programmes for disadvantaged youth from the townships in Port Alfred: Nelson Mandela Township (Nemato), Thorn Hill and Station Hill. We give our youth the mindset, knowledge, skills and support to escape from poverty, for *success in life*.

Leadership Magazine



Nemato Change a Life features in Leadership Magazine with six pages written by Rhodes Business School Director Professor Owen Skae. He highlights how our organisation is successful in tackling many of the United Nations' Sustainable Development Goals, where most companies have very limited success in addressing these challenges. He refers to former Harvard Business School Professor David C. Korten, who concluded that the most effective way to develop communities is by organisations “with skills in building capacities for action through action.” Skae mentions that it’s time for us to get support to move on from a Stage 1 (learn to be effective) organisation: “Nemato Change a Life is more than ready for Stages 2 (learn optimal efficiency) and 3 (learn successful expansion), including further capacity building and the development of a world-class facility... I hope there are government and corporate funders and sponsors who see the worth in participating in the efficiency and expansion stages of this and similar initiatives country wide.”

If you are interested in supporting us, please contact us on info@nemato.org.za for the Leadership article and/or our expansion plans: the Nemato Gymnastics Academy plan and the Nemato Youth Park concept document.



Nemato Skateboarding Club



We officially established the Nemato Skateboarding Club. In this meeting we elected the board members and signed the constitution, but we are not yet active in the sport. Faced with a lack of space and coastal rust, we decided to donate our small skate ramps to Skate Ubuntu in Makhanda. Thanks to J.E. Cartage for helping out with transport. We are now working on setting up our big half pipe skate ramp at our place, but it’s slow and hard work.

Holiday activities



During the long winter holiday we organised a wide range of activities to play, learn and stay active. In the picture we teach young members the basics of chess on our self-made chess board. Other activities included welding, building a ladder, plastering, fixing fencing weapons, monthly bookkeeping, building book-shelves, and drawing.

13th birthday celebration



On June 16, Youth Day, we celebrated our 13th birthday. On Youth Day in 2006, the official opening of Nemato Rowing by Minister Stofile, was the start of what is now Nemato Change a Life and its five sports clubs: rowing, gymnastics, handball, fencing and skateboarding. We celebrated our birthday with a nice meal and a large cake.

Maths



Our maths class opened again after the holiday. We started with 'transformations': in the picture we work on 'reflection'. In our class we try to go beyond the 'tricks' and work on understanding and logical thinking. We use levels, not the school grades: you always work at your own level. One hour of maths is followed by half an hour of English or life skills. The last half an hour before we close at 20:00 is study and homework time with help available in maths and other subjects. We also have a numeracy class for the younger youth.

You are welcome to join, it's free, a meal included. Monday till Thursday 18:00 till 19:30. For youth living far away, we offer free transport at 20:00. On Sunday we offer computer coding from 16:00 till 17:00.

Recycling



Caring about our future without caring about the world doesn't make sense: we started to recycle our waste.

FutureLife



Many thanks to the Eastern Cape Academy of Sport and FutureLife for 36 bags of porridge!

3000+ Facebook likes



Stay up to date: like us on Facebook. Thanks to all for over 3 000 page likes! (nemato .org.za)

NEMATO SPORTS CLUBS

Our sports clubs offer four small Olympic sports: rowing, gymnastics (tumbling and trampoline), handball and fencing. Sport is an important part of our youth empowerment programme. Our athletes compete at provincial, national and even international level

#Choose2BActive



Join our #Choose2BActive gym on Mondays at 15:30. We offer two levels: 'normal humans' and 'super athletes'. It's an initiative by the Sport for Social Change Network Africa and the Department of Sport.

Handball



We participated in an event where handball was introduced in Primary Schools in Dimbaza near King William's Town. We had two teams, boys and girls. Our girls played against Fameni and won easily: 11-1.

We also visited Gauteng for handball games. Our girls lost their first match 13-14, won the second with 10-9. The boys lost first match 21-16 and won second on penalties 2-0. We added some sightseeing to the trip and visited the Hector Pieterse Memorial in Soweto.

Gymnastics Trials



Our gymnasts took part in Provincial Trials for National Championships and National Trials for World Championships. Selected for National Championships are: Khanyile Mboleka, Siyabulela Siwa, Sibusiso Makuliwe, Onke Mangela and Liyema Nxobo. The selection for the World Championships is not yet announced.

Fencing



During the winter holiday Nemato fencers participated in a combined training session in Port Elizabeth by top coach Jessica Raper.

At an inter-district competition here in Port Alfred, Anoxolo Salaze won gold in his age group.

CONTACT DETAILS

Nemato Change a Life

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