

NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT

Nemato Change a Life - Highlights

Second Quantum



Our main funder, the Mike Thomson Change a Life Trust, gave us a second Quantum! Now we can do more work to help more youngsters from our townships to become successful in life.

Siyabulela SA Gymnast of the Year



Our gymnast Siyabulela won the South African Junior Trampoline Gymnast Award 2018. It's the third year in a row that the award was won by a Nemato gymnast.

Presentation by Walter Sisulu University



We invited Walter Sisulu University (WSU) to Nemato to do a presentation for high school learners. WSU director and former beneficiary of our Matinyana Bursary Fund, Sylvanus Welcome, advised the learners to choose maths and science: that's where there are jobs and not enough people.

Lifa back from year in Germany



After a year in Germany as an exchange volunteer, Lifa is back home. In Germany he discovered his passion and talent for photography and film.

SUCCESS IN LIFE - FOR YOUTH, BY YOUTH

Nemato Change a Life offers a holistic set of youth empowerment programmes for disadvantaged youth from the townships in Port Alfred: Nelson Mandela Township (Nemato), Thorn Hill and Station Hill. We give our youth the mindset, knowledge, skills and support to escape from poverty, for *success in life*.

Mike Thomson Change a Life Trust



Our main funder the Mike Thomson Change a Life Trust has been very generous in the last couple of months. Besides their monthly grants for our running costs, they gave us a second Quantum and t-shirts (see front page picture) and jackets for our members.

Insight Training Centre



Our manager Lunga and gymnast Khanyile went through the deep experience of Turning Point, a course by the Insight Training Centre in Johannesburg, to help overcome the pains of the past and to fully develop their potential as human being. Our board member Bunie for guided them through the process. We plan to integrate some of the concepts into our programme for all members.

Mathematics



In our daily maths class we aim to make maths real and active. Our end-of-term test showed a stronger correlation between test results and attendance at our class than to our members' school grades: It looks like we are doing something right.

Skills



For years we have been offering a wide range of skills activities, now we are taking it to the next level: for 18 different skills we have set out challenging tasks that will be rewarded with certificates. The challenges range from coding to house wiring, from playing chess to walking a slackline, from organising events to bookkeeping. In the picture we are fixing a computer. Collecting these certificates will take our members far ahead of the pack in skills.

President's Award



The President's Award is back as one of our programme elements. Here is our team on a hike in Assegaai.

Building



We painted the inside walls of our new building and we have almost completed the outside plastering.

Filming



Our programme was filmed and members were interviewed to show the impact of our programme.

Workshop by Social Development



The Department of Social Development did a workshop for our members about the challenges of growing up in our township. The members identified a lot of challenges: alcohol and drugs abuse, teenage pregnancy, HIV and Aids and many more, but peer pressure is the challenge that stands out most.

Donations



A generous donor brought us a nice keyboard, two cameras and more!

We completely depend on donations!

If you like what we do, please help if you can:

- R100 (€6) feeds a member for a week
- R400 (€25) feeds a member for a month
- R1,000 (€60) gets us one month's internet
- R4,000 (€250) takes an athlete to national championships
- R12,000 (€750) gives a student a stipend for the year
- R40,000 (€2500) takes a Nemato gymnast to World Championships
- R80,000 (€5000) gives us a battery for our solar power system

FNB, Nemato Change a Life, 62256659461.

Or donate on Back-a-Buddy: www.backabuddy.co.za. Remember: South African donations are tax deductible.

NEMATO SPORTS CLUBS

Our sports clubs offer four small Olympic sports: rowing, gymnastics (tumbling and trampoline), handball and fencing. Sport is an important part of our youth empowerment programme. Our athletes compete at provincial, national and even international level.

Yamkela selected as provincial cox



Two Nemato rowers participated in a training camp in Pretoria during the holiday. At the camp Yamkela was selected as the cox for the Eastern Cape eight for Boat Race in December in Port Alfred.

Sheldon appointed vice-chairperson of ECRA



Our coach and old Nemato rower Sheldon, who has been coaching our rowers for the past three years, has been elected as vice-chairperson of the Eastern Cape Rowing Association (ECRA).

Tumbling track



Nemato Gymnastics Club is a Tumbling & Trampoline club, but we have never had a tumbling track. Thanks to a generous donation by Alexander van Assendelft we were able to buy this great airtrack.

Training camp



Our four international gymnasts went to Port Elizabeth for a training camp. The camp was sponsored by the Eastern Cape Academy of Sport.

At the inter-provincial Madiba Cup Competition in George the next weekend, Liyema, Siyabulela, Khanyile and Lubabalo all achieved gold medals.

Handball



Our handball players participated in three events:
We participated in an event where handball was introduced in Primary Schools in Dimbaza near King William's Town.
We visited Gauteng for handball games. Our girls and boys team each won one match. We added some sightseeing to the trip and visited the Hector Pieterse Memorial in Soweto.

Fencing



Our young fencers went to Port Elizabeth for a combined training session and a competition. Axole won in his age group.

SUCCESS IN LIFE STORY

Siyabulela



A few years back, when Siyabulela joined our international gymnastics team, it wasn't clear if he would be good enough to compete overseas. Very quickly he out-grew any doubt.

In 2017 he won his first gold medal at the national championships and he participated at the world championships for the first time, missing out on the finals by only 0.1 points.

He started 2018 unbeatable, but unfortunately he lost focus and underperformed at the world championships in Russia. Still he was strong enough to win gold at the national championships again and at the young age of 15 he won the South African Junior Trampoline Gymnast Award 2018.



He took over this award from Onke who won it in 2016 and 2017, keeping the trophy at Nemato for three years in a row.

This year, being focussed again, Siyabulela won at the trials for the world championships with the highest points of the event, even outperforming all seniors. What's even more remarkable, this was on double mini trampoline, untrained, as we don't have this trampoline.

Siyabulela will represent South Africa in Tokyo at the world championships later in the year.

In the picture above is Siyabulela in Eastern Cape Academy of Sport tracksuit together with Khanyile and Onke.

CONTACT DETAILS

Nemato Change a Life

Registrations 220-298 NPO (Nonprofit Organisation)
930033563 (Section 18A Public Benefit Organisation: South African donations are tax deductible)
Level 1 B-BBEE contributor (highest level Broad-Based Black Economic Empowerment certificate)

Address 53 Tyali Street, Nelson Mandela Township (Nemato), Port Alfred, 6170, South Africa

Website/Facebook nemato.org.za

Bank Account FNB Port Alfred, branch (sort) code 210917, swift code FIRNZAJJ, 1 Main Street, Port Alfred
Nemato Change a Life, account number 6225 665 9461, cheque account

Leadership

Akhona Quma	Chairperson	063 357 6848	quma.akhona@gmail.com
Thando Ngoqo	Treasurer	073 462 5963	thando.ngoqo@yahoo.com
Lunga Mcetywa	Manager	066 230 7506	mcetywa1990lunga@gmail.com
Jan Blom	Founder	073 505 9168	info@nemato.org.za

Board of Governors

Bunie M Matlanyane Sexwale	buniems@gmail.com
Lesley Lambert	lesley@wisenet.co.za
Athenkosi Hlekani	athenkosihlekani@yahoo.com
Simlindile Veto	simlindilehumphrey@gmail.com

OUR MAIN SUPPORTERS

Change a life

add
HOPE



SAGF



Alexander
van
Assendelft

