



Nemato Change a Life

success in life – for youth, by youth

newsletter

April – June 2022

NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT

Nemato Change a Life - Highlights

income generation



With jobs in short supply, you must generate your own income. At Nemato Change a Life we offer our members support to make their own products like welding and carpentry products. Please support our members!

matric



We are proud to have five members in matric. We offer them help to prepare for their final school exams: YouTube lessons, group study and more.

skills



Skills are the cornerstone for success in life. We are always looking for opportunities for members to learn new skills and we are very thankful to people who share their skills.

herbs garden



By turning our small messy backyard into a herbs garden we are creating a space to calm down the mind and keep the knowledge of traditional healing alive.

SUCCESS IN LIFE - FOR YOUTH, BY YOUTH

Nemato Change a Life offers a holistic set of youth empowerment programmes for disadvantaged youth from the townships in Port Alfred: Nelson Mandela Township (Nemato), Thorn Hill and Station Hill. We give our youth the mindset, knowledge, skills and support to escape from poverty, for *success in life*.

income generation



Lack of jobs is a major challenge in South Africa. Many of our older members are unable to find jobs. Helping youth to start their own businesses is often seen as the solution, but starting a business is very hard, and you need to make money.

To make things easier, we try to help members to make products that they can sell. Thulani is now getting an income from work he does on a sewing machine. Members have made an owl house that is for sale. Our self made rat trap is not for sale, because we use it ourselves, but we can make a nice one for you on order. We can build you a website or do welding for you. Or how about baking you a malva pudding?

There is no better way to help youth than by buying their products. Buy for yourself or buy for a friend. Or maybe even find channels to sell the products for us, so that members can start building their own businesses and stand on their own feet. Equipment donations are also most welcome. Many thanks for the donated sewing machine and oven!

Please contact us: info@nemato.org.za



skills

Another approach towards success in life is offering our youth learning opportunities for practical skills that can lead to work and income.



Three of our members are learning electrical wiring skills from Bev, a retired electrician in Bathurst.



Six members are learning barista skills at the Royal St Andrews Hotel.



Two members went to a fish farming course in Makhanda.

Youth Day



On Youth Day we celebrated our 16th birthday. We had fun activities in the morning, followed by a motivational talk, cake and a special birthday lunch.

robots



Building a robot spider is fun and a great way to improve engineering and logical thinking. The battery powered spider walks in an amazingly realistic way, almost scary.

herbs garden



With the help of Home Grown Nursery in Bathurst and Jo Styles we are turning our small messy backyard into a peaceful garden with culinary and medicinal herbs, a little green heaven to calm down the mind: for members and visitors.

Tourists are welcome in our small herbs garden too. We can also show you our township and our centre and we can offer workshops in traditional cooking and herbs.



learnership graduation



Siphamandla graduated after successfully completing his one year Wessa Blue Flag Tourism Learnership. He did his learnership at the Royal St Andrews Hotel, here in Port Alfred.

Our manager Odwa was the motivational speaker at the graduation event. In a personal speech about how he overcame challenges in his life, he gave the graduates powerful advise on how to succeed in life.



second UNICEF workshop



Thando and Odwa were invited for a second training week by UNICEF. They learnt more games and activities to help our members deal with social and emotional problems. Here they are at the Durban airport.

building a workshop



Our workshop and kitchen are in one room, but that's not good, so we started building a separate workshop, all by ourselves. We are using the sandbag building technology.

air quality



Masks are off in South Africa, but Covid is still around. To keep our members safe, we installed extraction fans. By keeping CO₂ levels below 800ppm, we keep infection risk low.

matric



We have a record number of five members in their final year at school, writing the matric exams. Besides our daily maths class, we offer them additional help:

When there are extra maths and science lessons on Saturday in Bathurst, we transport them, and we allow non-members to join, filling up our Quantum minibus.

Our classroom gets used for group study and our computers and internet are available for YouTube lessons. There are very good lessons available specifically preparing for the South African matric exams.

Addo Elephant Park



Our most active members get Gold Member status based on attendance to our class and sports sessions and participation in extra activities.

Gold members enjoy extras like 'free-time' to play computer games. We also had a Gold Members trip to the Addo Elephant Park. We saw lots of animals and we were even 'sandwiched' between two groups of elephants: scary but fascinating!

SPORT

Our sports clubs offer four small Olympic sports: rowing, gymnastics, handball and fencing.

rowing



Our ergos were not working. It looked like they had fallen apart beyond repair, but with patience and learning by trying, we fixed four ergos, which are now back in perfect working condition. We are getting ready for the competition season starting in September.

gymnastics



We are training on a trampoline and tumbling track for the Eastern Cape Trials in August, to qualify for National Championships later in the year.



fencing



Our fencers won many medals at the Eastern Cape Championships here in Port Alfred.



We also travelled to Bloemfontein for a national ranking competition, but unfortunately we won no medals there.

handball



A small group of handball players are training, but there is no fixed competition programme in handball, so we'll just have to see when tournaments pop up.

CONTACT DETAILS

Nemato Change a Life

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930033563 (Section 18A Public Benefit Organisation: South African donations are tax deductible)
Level 1 B-BBEE contributor (highest level Broad-Based Black Economic Empowerment certificate)

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