



Nemato Change a Life
success in life – for youth, by youth

newsletter

January – March 2023

NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT

Nemato Change a Life - Highlights

in Chicago for robotics



Five Nemato members travelled with Global Leading Light Initiatives all the way to Chicago where they teamed up with the Chicago Knights to participate as *One Team, Two Continents* in a robotics competition.

Career Cafe



The year started with a Career Cafe by Action Volunteers Africa. It got our older members focussed on success in life: getting new skills, getting a job or making income by selling products or services.

Phelo's rehab



If you think that stopping heavy drugs is impossible, you are wrong. With strong will and support Phelo has turned his life around and is an inspirational new person, thanks to the donors who made his rehab possible!

fencing camp



Our top fencer Thandwayo went to Johannesburg for a training camp to get him ready for the upcoming national ranking competitions.

SUCCESS IN LIFE - FOR YOUTH, BY YOUTH

Nemato Change a Life offers a holistic set of youth empowerment programmes for disadvantaged youth from the townships in Port Alfred: Nelson Mandela Township (Nemato), Thorn Hill and Station Hill. We give our youth the mindset, knowledge, skills and support to escape from poverty, for *success in life*

income generation

Our programme continues to increase its focus on income generation. With about two out of three youth in South Africa unemployed, income generation has become a main focus for our older members. They set out their Five Year Goal and look for stepping stones to get there. These can be short skills courses, or learning to make products or offer services.



We have weekly sessions by Clare to learn how to make products out of tins and waste plastic. We are slowly making progress with building a workshop and storage for recycling materials. The plan is to become a plastic recycling centre to address the problem of plastic pollution and upcycle plastic to generate income.

Our small herbs garden is already producing seeds and generating income. We also offer clothing repair and upcycling, a car wash, CV typing and snake rescue services and these are also generating income. One member started breeding chickens and we are trying to scale up our fish farm. Hopefully more to come soon!



breeze

No matter how many activities and skills we throw at our members, without addressing the emotional challenges that come with growing up in our poverty community, somewhere on the road to success, trauma will catch up and knock you down.



Week long holiday retreats have become a very important part of our programme, thanks to the healing skills of our board member Bunie.

We also get help from Dieudonne's Breeze programme, and have introduced weekly Overcome Addiction sessions based on the Alcoholics Anonymous programme. These sessions are on Fridays at 17:00 and are also open for non-members.



Through initiatives like Group Therapy Training, we are getting some members ready step by step to start offering healing programmes ourselves: for youth, by youth.

get strong at maths



In our maths class we don't use the usual school system. It doesn't matter which grade you are in at school, with every subject we start with the basics. It's a refresher for those who know it, and they quickly pass to the next levels. For others it's new or they didn't get it right when they were at school. Our lessons offer the chance to catch up and fill the gaps. Quick learners get ahead by our levels system and build a deeper understanding of mathematics.

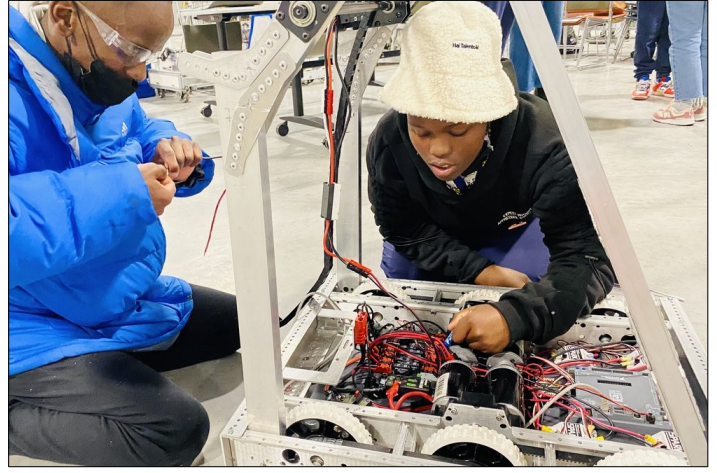
WALL OF FAME MATHEMATICS N1 TEST 1 TRIMESTER 1 2023			
Position	Surname and Initials	Group	Percentage
1.	Balintulo KS Sinkitana A Rasmen A	Motor(M1) Motor(M1) Motor(M1)	100%
2.	Magwaxaza L Ngwenduna M	Elec(E2) Elec(E2)	97%
3.	Vito NC	Motor(M1)	96%
4.	Mbiza E	Motor(M1)	94%
5.	Fosi ND	Elec(E2)	93%
6.	Cekiso O	Elec(E2)	90%
7.	Dyan S Jokazi IT Majola NA Nkcithakalo T	Elec(E2) Elec(E1) Elec(E1) Elec(E2)	89%
8.	Mpukumpa a Mqolombeni C Nomandia LH Sinyanya I	Elec(E2) Elec(E2) Motor(M1) Elec(E2)	87%
9.	Matalaza S Somatika P Twalo L	Motor(M1) Motor(M1) Elec(E2)	86%
10.	Manxoba VI	Motor(M1)	84%

Anathi (A Rasmen) had a very strong start at Motor Mechanics at college in Cape Town: 100% for maths!



Around the same time Oneza, who is preparing for his final school exams, won a maths competition at Rhodes University!

robotics



The "One Team Two Continents" robotics team from Chicago and Port Alfred were together in Chicago for a robotics competition. Five of our members flew all the way to America for the competition. They won the First Midwest Regional Judges Award for unique efforts, performance and dynamics. It was the end two years of zoom lessons by Jackie, the robotics lady from Chicago.

activities



Our members are doing many different activities to gain skills and grow our organisation at the same time. Here we are working on electrical wiring (installing a yard light) and welding (building a storage box for plastics recycling).



SPORT

Our sports clubs offer four small Olympic sports: rowing, gymnastics, handball and fencing.

Rowing SA Champs



Our rowing team went to Pretoria for the South African Championships but we were not strong enough to make the finals. We'll pull up our socks and do better next time.

Meanwhile our rowing team is growing with a fresh team of young rowers, coached by Simthembile. Our experienced rowers are coached by Thando.

Handball Gqeberha tournament



Our handball players went to a tournament in Gqeberha and played three matches. It was their very first tournament. After a shaky start, they improved quickly and even won their last match.

fencing camp



Our fencer Thandwayo was selected as a non-travelling reserve for African Championships in Ghana. Unfortunately he couldn't go. To have a better chance in the future, he went to Pretoria for a training camp to prepare for the upcoming national ranking competition in Limpopo. He was coached by top coach and Olympic fencer Sello Maduma.

Zip Zap Circus School



Two of our top gymnasts, Liyema and Khanyile, have been selected for the Dare2Dream (D2D) four year vocational training programme. It's the flagship programme of the Zip Zap Circus School in Cape Town. They started in January and we received this feedback from the school: "The boys have been exemplary students so far".

CONTACT DETAILS

Nemato Change a Life

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930033563 (Section 18A Public Benefit Organisation: South African donations are tax deductible)
Level 1 B-BBEE contributor (highest level Broad-Based Black Economic Empowerment certificate)

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