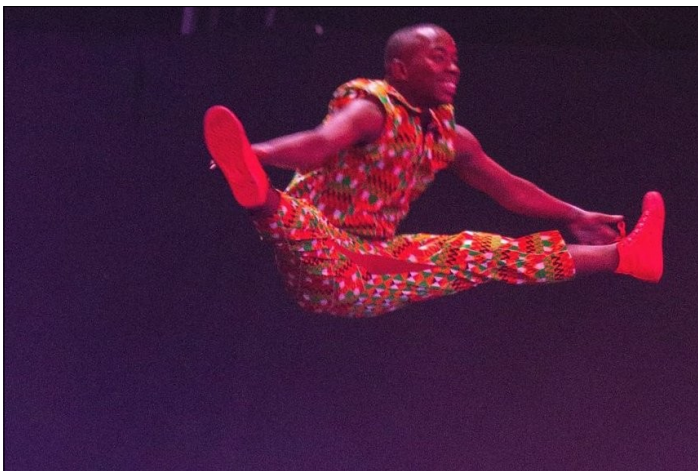


NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT

Nemato Change a Life - Highlights

first Zip Zap Circus show



Liyema and Khanyile's first show at their four-year Zip Zap Circus training course in Cape Town. Liyema is flying high in the picture!

medal for Lunga in Tunisia



Our former manager and rower, Lunga, won his first ever international rowing medal: a bronze in coastal rowing at the African Beach Sprint Championships in Tunisia!

fire fighter training



Our member Sinoyolo is doing a three-month firefighter course in Limpopo. It's one of many opportunities made possible by grants from our main funder, the Mike Thomson Change a Life Trust!

Lihle at National Arts Festival



Lihle, seen from the back with backpack, played the keyboard with soul pop artist Monde Fani at the largest African cultural festival, the National Arts Festival in Makhanda.

SUCCESS IN LIFE - FOR YOUTH, BY YOUTH

Nemato Change a Life offers a 'cradle to career' youth empowerment programme for disadvantaged youth from the townships in Port Alfred: Nelson Mandela Township (Nemato), Thorn Hill and Station Hill. We give our youth the mindset, knowledge, skills and support to escape from poverty, for *success in life*

self-managing team



We continue to work on our self-managing team, a concept in which our beneficiaries run the organisation. This is in line with our mission of "success in life - for youth, by youth."

Self-managing teams are not easy to establish, especially for youth who are used to following orders at school and at home. When you add a dysfunctional community and a poverty mindset to the mix, it becomes clear that we have taken on a very difficult challenge.

But we do it because self-managing teams are a powerful tool for empowerment. They teach youth to take responsibility and ownership, be reliable and trustworthy, work hard, practice teamwork, gain confidence and be changemakers. All of these skills are essential for success in life.

17th birthday



17 years ago, on Youth Day, 16th June 2006, Minister Stofile officially opened Nemato Rowing Club, which marked the start of our organisation.

Hatched Ensemble



The dramatic death of the artist Vuyo Raymond Matinyana in 2001 ultimately led to the birth of Nemato Change a Life. Now, 22 years later, Vuyo's friend Mamela Nyamza invited Nemato to the premiere of her new dance "Hatched Ensemble" at the National Arts Festival in Makhanda. The performance was a powerful and emotional experience, and it brought back memories of Vuyo's passion for the arts and his commitment to social justice.

holiday activities



During the winter holiday, our math class is closed, but our sports sessions stay open and we offer activities for our members. Senior members take two-hour shifts as activity leaders, called "respectionist", a twist from receptionist. Activity hours are registered in our logbook and count towards gold membership, which gives members privileges like free time on the computers and special trips, such as a visit to a soccer match in Gqeberha.

In the picture, our youngest members get creative with finger painting.

stepping stones towards success in life

Most youth spend twelve or more years in school. That's a very long time. How ready are you for success in life when you finish school, whether it's in a job or running your own business? How often do you use math and science in real life? Or biology, chemistry, and geography?

At Nemato Change a Life you learn practical skills that contribute to success in life.



Members are getting lessons for the learner's test. Siyanda already passed and is now doing driving lessons.



Onele is building a new self-cleaning fish tank as part of our pilot project in fly and fish farming.



Simthembile is building our workshop with sandbags.



At nemato you learn how to wire an electrical plug with the colour coding for the wires. Mike is doing advanced level electrical, installing a colourful LED system in one of our classrooms.



Sipiwo is doing an Apps Script course to build advanced cloud based spreadsheet applications. For example, our coaches can register the attendance of our athletes on their phones and the attendance percentage is automatically updated on our website. The state of the art computer, donated by Telkom, was built by our members.



We built this table as a carpentry project for our members to learn about the mechanics of a strong table.

skills to jobs



Thulani has been learning a lot of technical skills over the years at Nemato Change a Life. It's paying off: he is now permanently employed by the internet provider Herotel.

Tyrese got a job based on skills he got from building and fixing our computers.



Siphelele was our most committed member at the Royal St Andrews Hotel's coffee making course. He is now permanently employed by the hotel.

Port Alfred had the great honour of hosting the BRICS (Brazil, Russia, India, China and South Africa) Labour Summit at the Royal St Andrews Hotel. Two of our members, Siyanda and Siphelele, were working at the hotel and helping to make this major event a great success.

overcome addiction

On Fridays at 17:00 we have sessions helping people overcome addiction. It's based on the concepts of Alcoholics Anonymous. It's open for people from the community to join.

Sport for Social Change Network



We are a proud founder member of the Sport for Social Change Network Africa.

water safety



Our rowing coaches and some of our rowers did a drowning prevention course by the National Sea Rescue Institute.

PayPal

Donating to Nemato Change a Life is easy now, we are on PayPal. You can donate from anywhere in the world with a PayPal account or a credit card. Scan or click the QR code. Thanks!!!



SPORT

Our sports clubs offer five small Olympic sports: rowing, gymnastics, handball, fencing and futsal.

rowing camp



There are no rowing competitions at this time of the year, but our rowers attended a training camp with Rhodes University in Makhanda during the winter holiday.

fencing competitions



We had two provincial fencing competitions. The first competition was in Port Alfred, with our fencers winning all under 17 medals.

futsal



Our new futsal club is up and running. Futsal is a form of football that is played on a hard surface with seven players. New members are still welcome to join.



The second competition was in Gqeberha. First place for Thandwayo, second for Emihle and third for Siyolile in the combined under 17/20 and senior age group.

CONTACT DETAILS

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Level 1 B-BBEE contributor (highest level Broad-Based Black Economic Empowerment certificate)

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